

# Foodscapes Food mapping

Jeroen de Vries,  
LE:NOTRE Institute,  
with material of the  
AESOP4Food project

## ***Lecture 2***

October 7, 2024

MLA Vilnius Tech

# Based on

## Mapping Food Systems

### AESOP4food

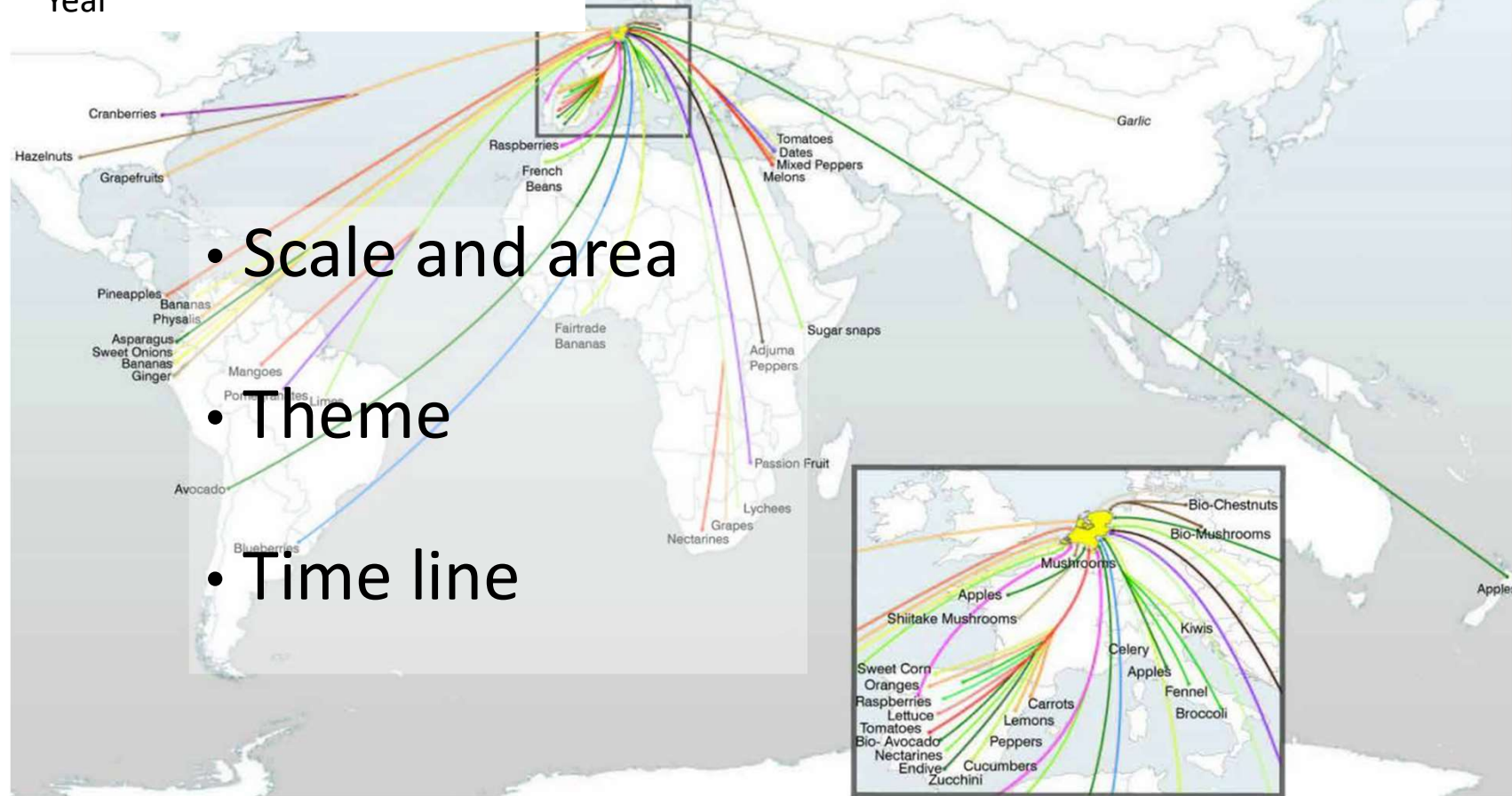
### Seminar Phase II Session 1

Thursday, April 28, 2022

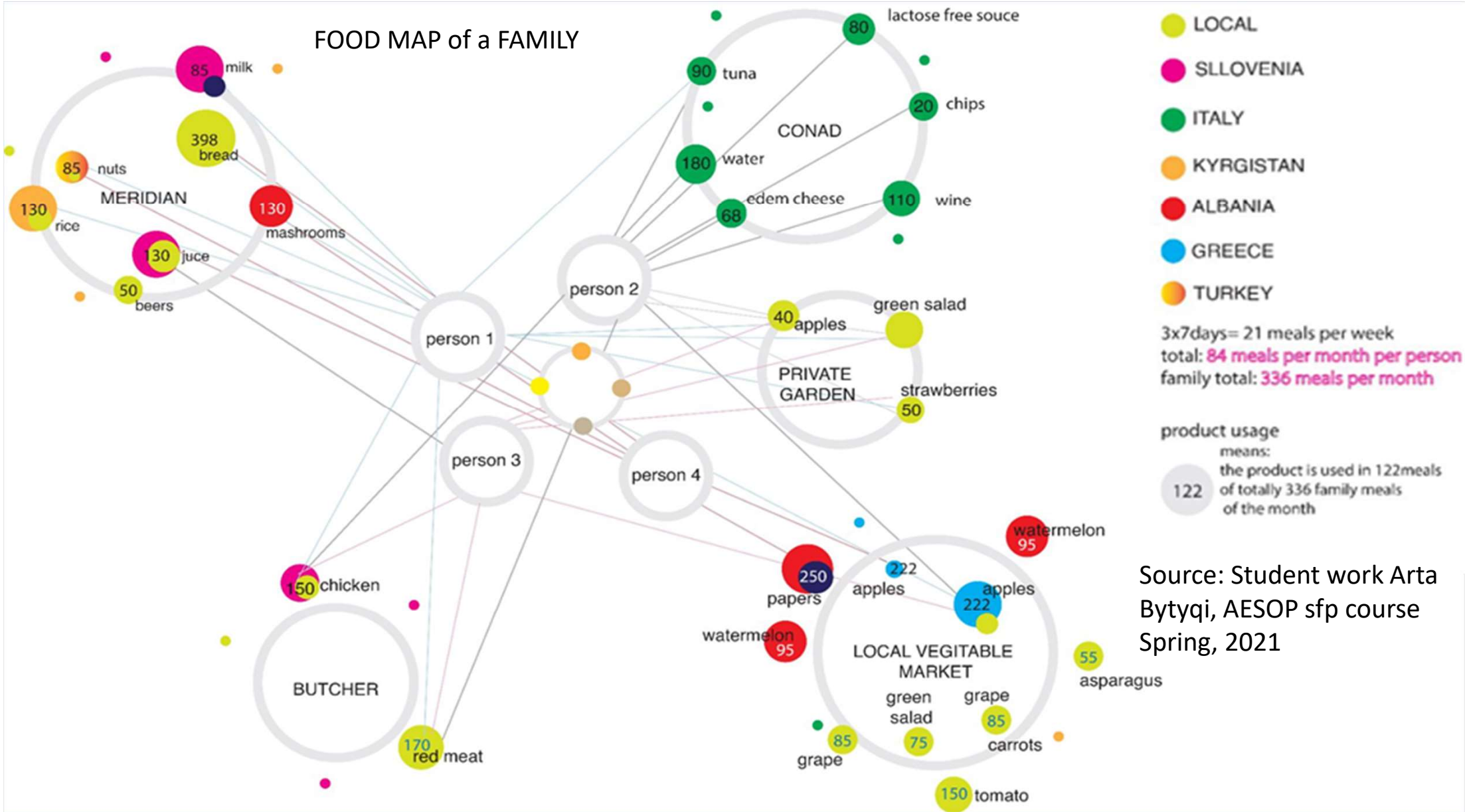
Jeroen de Vries, LE:NOTRE

# Food system mapping

Global  
Fruit & Vegetables  
Year



## FOOD MAP of a FAMILY



Source: Student work Art  
Bytyqi, AESOP sfp course  
Spring, 2021

# Food system mapping

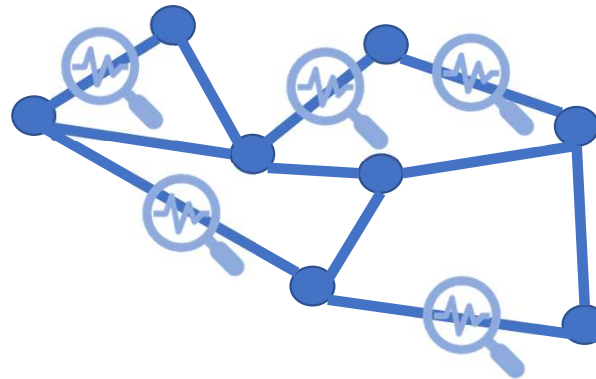
- Mapping methods for the system
- Map of the community and the main stakeholders
- Guiding questions for your analysis

# System network

● Elements

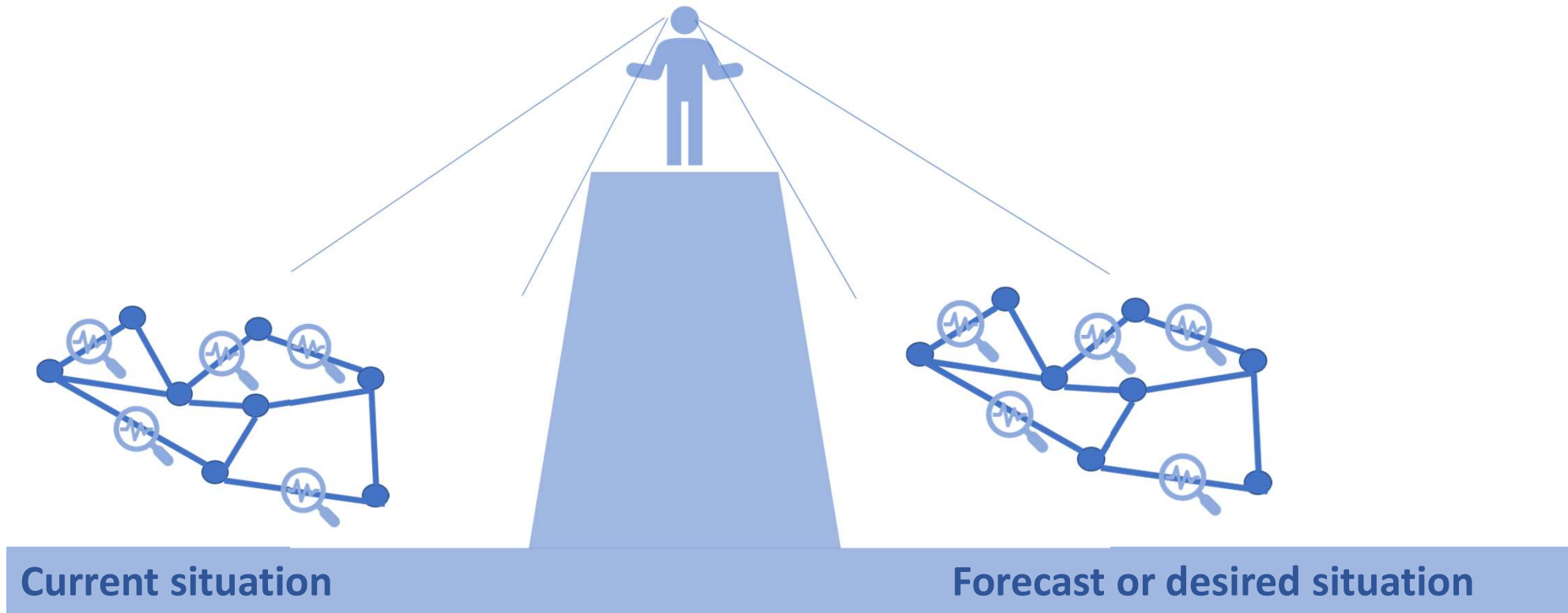
— Relations

🔍 Quantitative and qualitative data





# What do you want to use for analysis?



Step 1: which elements are part of my system?  
You can just list them during a brainstorm

- Types of food?
- Crops and produce for the food?
- Actors?
- Stakeholders?
- Land? Types of production areas?
- Materials?



Step 1: which elements are part of my system?  
You can just list them during a brainstorm

- Vegetables
- Eggs
- Compost
- Schoolgardens
- Meadows
- Kitchengardens
- Farmersmarket
- Mill
- Consumers
- Farmers
- Bakers
- Market gardens
- Community gardens
- Waste land
- Schoolchildren
- Supermarkets

Step 1: which elements are part of my system?  
You can just list them during a brainstorm

- Vegetables
- Eggs
- Compost
- Schoolgardens
- Meadows
- Kitchengardens
- Farmersmarket
- Mill

- Consumers
- Farmers
- Bakers
- Market gardens
- Community gardens
- Waste land
- Schoolchildren
- Supermarkets



- *In canteens*
- *Foodbanks*
- *Less advantaged*
- *Tourists*
- *In restaurants*
- *Streetfood*
- *Schoollunches*
- *Prosumers*
- .....

Step 1: which elements are part of my system?  
You can just list them during a brainstorm

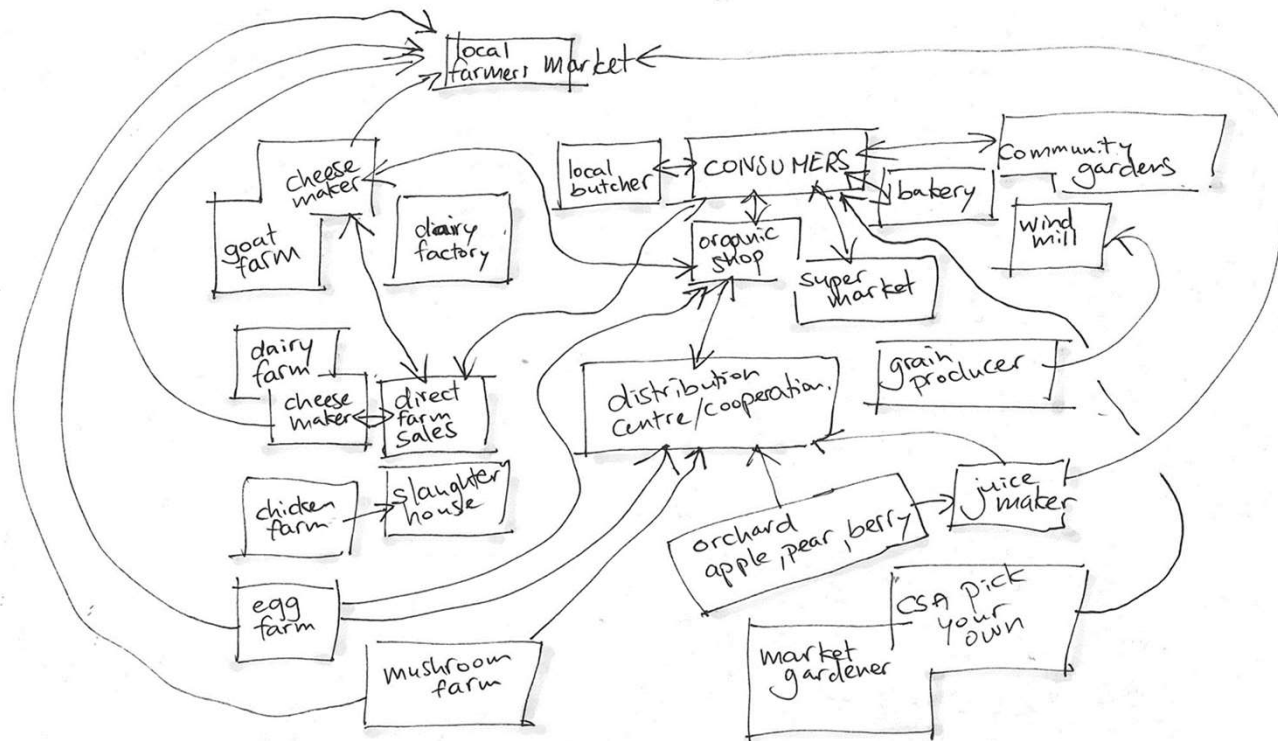
- Vegetables
- Eggs
- Compost
- Schoolgardens
- Meadows
- Kitchengardens
- Farmersmarket
- Mill

- Consumers
- Farmers
- Bakers
- Market gardens
- Community gardens
- Waste land
- Schoolchildren
- Supermarkets



- *Export oriented*
- *Organic farmers*
- *Community Supported Agriculture*
- *Farmers open for transition*
- *Urban farmers*
- *Care farms*

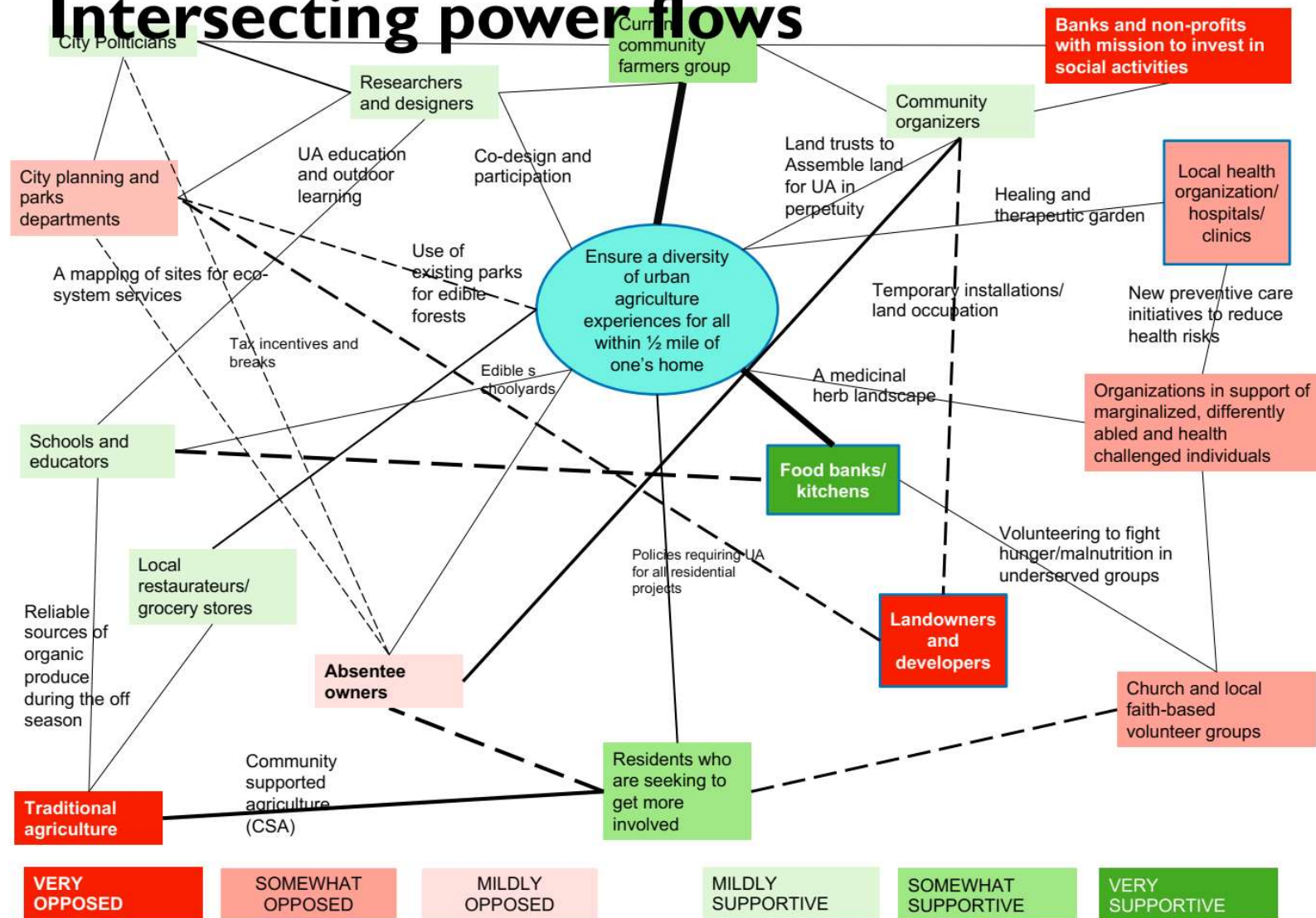
Step 2: organise and group the elements:  
hierarchy, typology, define the relations



## Step 3: how do the elements relate to each other?

- a. Flows, streams, processes, social relations
- b. Qualitative: power, regulations, laws
- c. Quantitative relations: make sure you use standard units and clear conversions

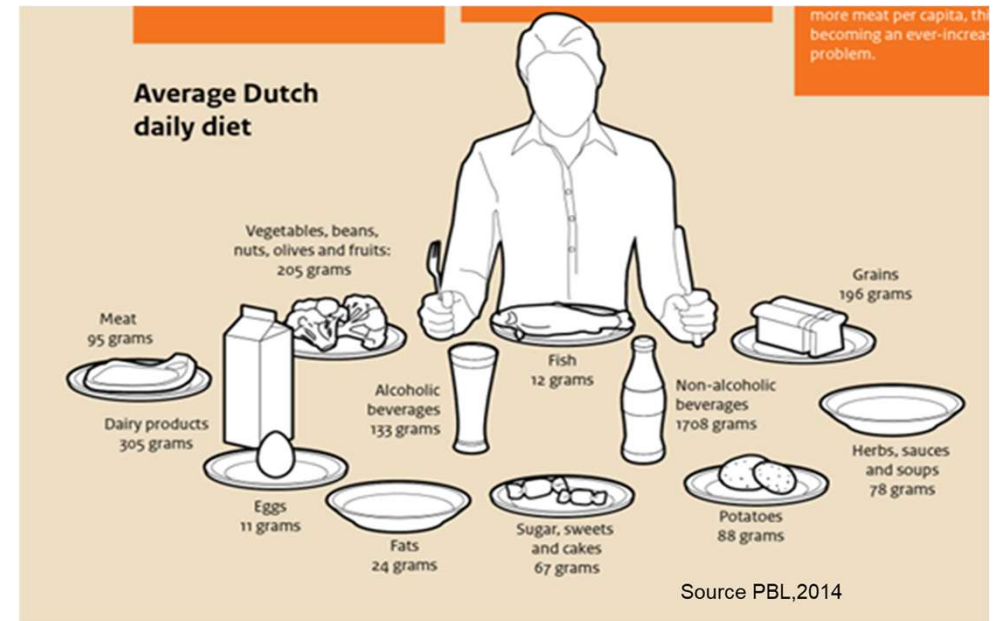
# Intersecting power flows



Source: Deni Ruggeri,  
presentation landscape  
democracy, LE:NOTRE  
Landscape Forum  
2022, student work

## Step 4: collect data on the elements and the relationships

- How many consumers are there?
- How much vegetables do they eat per year?
- How much land do you need for the crops?
- What type of production land or facilities is available?
- .....





# Step 5 Make sure that the units of quantitative data are linked to each other

Production per year

Crop or product	kg/m <sup>2</sup> *)	notes
Potatoes	2,9	
Grain	0,7	
Pulse	1,5	
Vegetables	5	open field
	30	glass house
Herbs	1,5	
Fruits	4	mostly apples and pears: farms, orchards, edible green
	2	berries in roof gardens, kitchen gardens
	8	berries in glass houses, tunnels (professional horticulture)
Beef	0,07	pasture in urban farm or green infra farm
Pork	0,57	urban farm or green infra farm, outdoor
Poultry	0,11	urban farm combination indoor/outdoor incl corn fodder
Fish	6,67	organic aquaponics, with fodder production and facilities
Cheese	0,15	1/10 of milk production per hectare
Dairy	1,50	2 cows per hectare, 7500 litres per cow per year
Eggs	0,34	urban farm combination indoor/outdoor including fodder (corn)
*) the sources of the key figures can be found in the Excel file of the local urban food calculator		

Consumption per year

Type of food	grams per person per day	kilos per person per year
Potatoes	88	241
Grains (pasta and bread)	156	427
Vegetables (excl. pulse)	145	397
Pulse	20	55
Fruits	40	110
Herbs	10	27
Beef	57	156
Pork	19	52
Poultry	19	52
Fish	12	33
Cheese	20	55
Dairy (excluding cheese)	285	781
Eggs	11	30

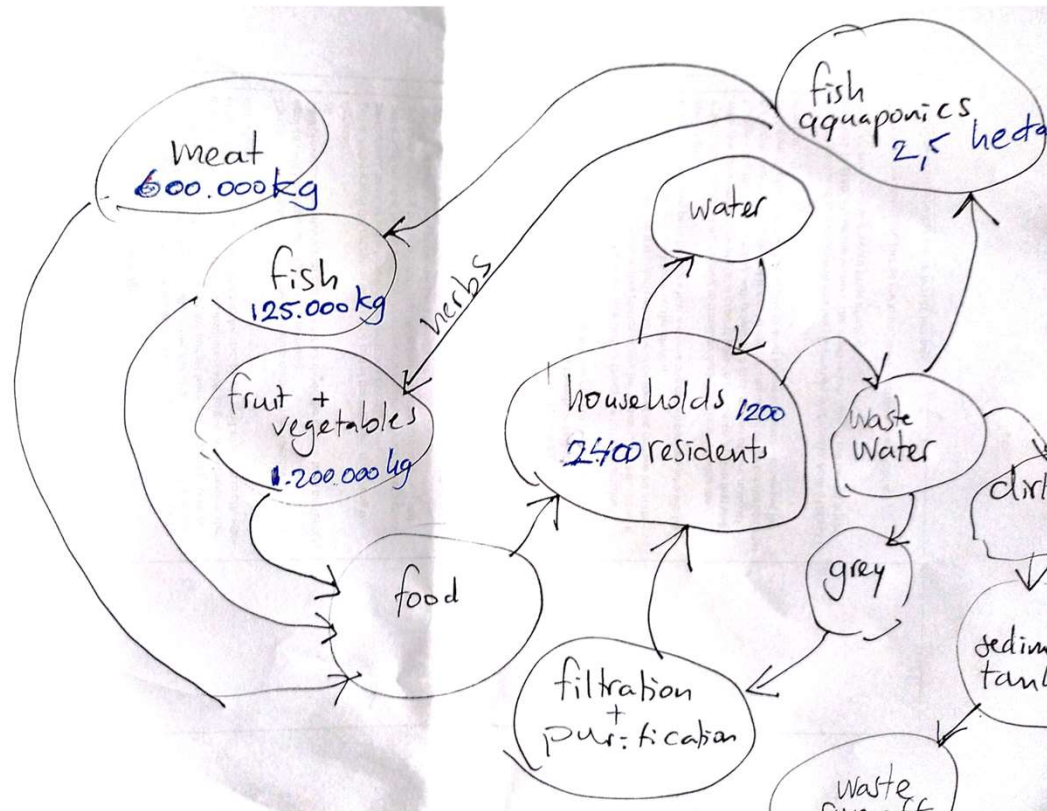
# Step 6 Add the data in the system map

Depending on  
your theme:

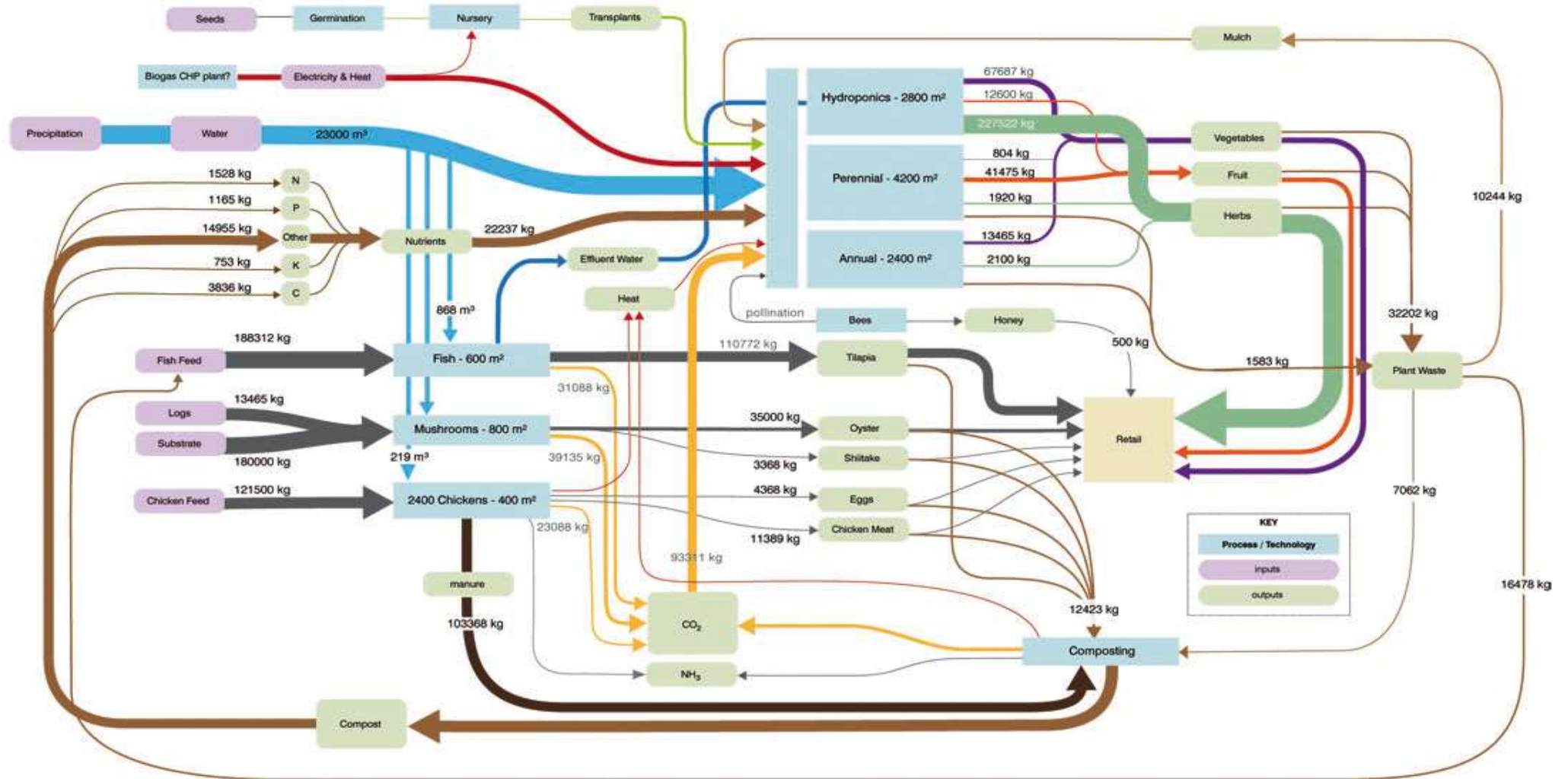
Show the gaps

See how the  
system can be  
closed or  
improved

.....



# Polydome Material Flow Diagram



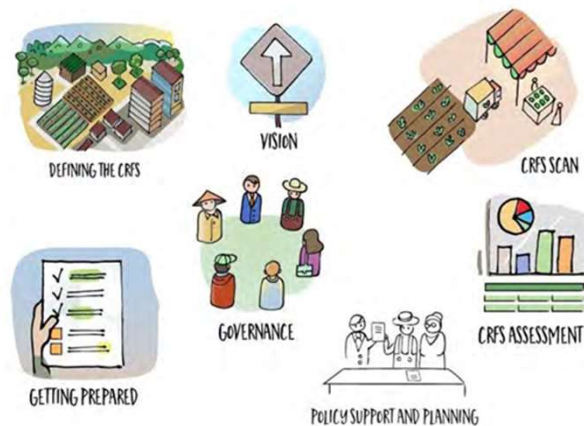
Food system mapping

Guiding questions for your analysis

# Select a reference that fits your field of play, your theme such as FAO, RUAF and others

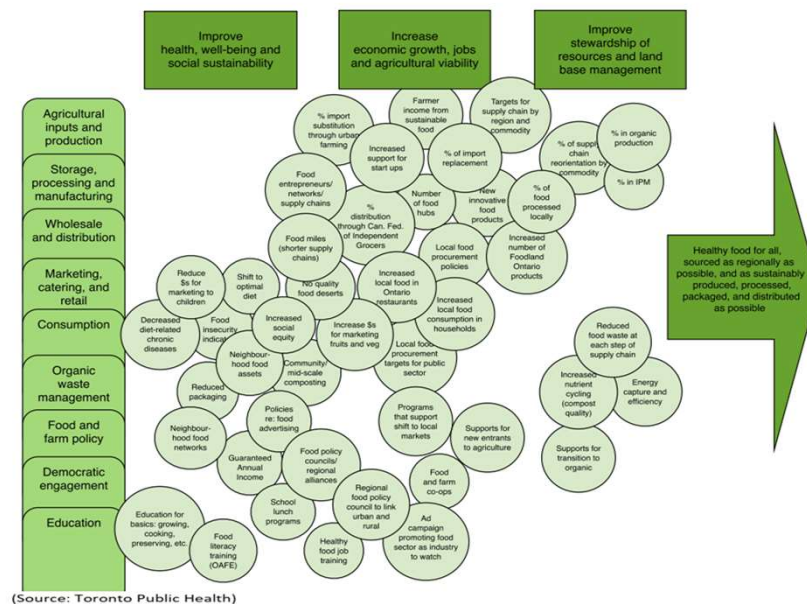
## CITY REGION FOOD SYSTEM TOOLS/EXAMPLES

Food for the Cities Programme/RUAF-CityFoodTools Project



Source: FAO 2018

## City Region Food System Toolkit Assessing and planning sustainable city region food systems



# Use guiding questions on Food Systems (1)

## **A. Who feeds the city region:**

- Where does the food come from?
- What and how much food is produced locally in the city region?
- Where are inputs and resources sourced from?
- How does the city region's food supply system fit into the wider national and global food supply system?

## **B. Food processing and manufacturing:**

- Which companies prepare/manufacture the food consumed in the city region?

## **C. Food wholesale and distribution:**

- Who supplies the food to businesses/markets that sell food to consumers?

## **D. Food marketing, catering and retail:**

- Where do citizens buy their food? Please differentiate between citizens of different socio economic conditions and urban-rural areas.



# Guiding questions on Food Systems (2)

## **E. Food consumption:**

- What do people in the city region eat?
- What is the composition of their actual diet and food basket?
- What are food security/nutrition/food related health concerns?
- Can people access local food and where?

## **F. Food and organic waste:**

- Where and how much food and organic waste is generated along the food chain, how is it managed?

## **G. What policies and plans influence the CRFS?**

- Identify policies directly related to food production, processing etc., as well as other sectoral policies (health, economic development, land use planning) that have a bearing on the CRFS.

## **H. Who governs the food system?**

- What role and power do decision-makers and key stakeholders have in shaping a more sustainable/resilient food system that serves the city region?



# CRFS Toolkit: questions for analysis

- What are the strengths and vulnerabilities of the current city region food system?
- To what extent is the current food system (and different parts of the food system) resilient to shocks and projected circumstances in the longer-term?
- Which areas of the city region, what parts of the food chain and which groups of residents/involved stakeholders would be most adversely affected by vulnerabilities in the food system?
- What are the key priority areas that need to be addressed to develop a more sustainable and resilient food system for the future?
- What are the 5-10 main key issues that require further research and in-depth assessment?

# Recap

- Define the scope of your area and the main aim of your analysis
- Define whether you make a forecast or an analysis of the current situation.
- Which elements are part of my system?
- Organise and group the elements
- How do the elements relate to each other?
- Collect data on the elements and the relationships
- Make sure that the units of quantative data are linked to each other
- Add the data in the system map
- Use guiding questions for your analysis

# References

- FAO. (2018) City Region Food System Toolkit, Assessing and planning sustainable city region food systems, publication of FAO, RUAF and Wilfrid Laurier University. <http://www.fao.org/in-action/food-for-cities-programme/toolkit/introduction/en/> - introduction (page 1-3), questions and schemes of page nrs 133 until 144.
- Virginia Polytechnic Institute and State University. (2011) Community-Based Food System Assessment and Planning - Facilitator's Guidebook, publication 3108-9029.- introduction and then continue until page 18.
- Countryside Charity (CPRE – UK) <https://www.cpre.org.uk/resources/mapping-local-food-webs-toolkit-2/> - 7 pages that explain the toolkit.